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BEAUFORT COUNTY DEVELOPMENTAL CENTER REPORT TO THE COMMUNITY 2015



A message from the CEO...I am very pleased to bring you this summary of BCDC's activities and achievements for the FY 2015 period. It has been a really busy year, and we have dealt with a variety of challenges and opportunities. You should know that our

industry is very heavily regulated, and programs like ours are subject to frequent monitoring reviews. BCDC strives for excellence in performance, and has always tried to be a leader among its peers.

For example, during the summer of 2014 BCDC underwent a NC Department of Health and Human Services Gold Star Monitoring Review, scoring a 99.97% across hundreds of measures and compliance requirements. In January of 2015 our production operations underwent the ISO 9000 manufacturing standards review, which of course resulted in BCDC's recertification. During the late winter of 2015 we hosted two site surveyors representing the Commission on Accreditation of Rehabilitation Facilities for a three day review of all of our adult services programs---resulting in the maximum 3year accreditation certificate. In late spring of 2015 our Child Development Center renewed its 5-star license with the Division of Child Development Services, with a 15 out of 15 score--the only child care center in Beaufort County to achieve perfect marks.

From an operational perspective, BCDC's child and adult programs served a total of 148 individuals. We provided child care and intensive developmental day services to 82 children, while providing employment and work opportunities to 56 adults with intellectual and other forms of developmental disabilities. Ten (10) more adults selected day activity and community integration services, choosing to participate in recreational activities and to provide volunteer services to others in the County through Meals on Wheels, food distribution sites, and homeless shelters.

For the period of July 1, 2014 through June 30, 2015, the agency's income totaled \$2,598,319.00...from 27 different funding sources. Our total staff and client payroll was \$2,008,088—that is a lot of income pumped into this county's economy.

Enough with the numbers—I won't spend any more time here recounting statistics, because this annual report is chock full of hard data. With the space I have remaining, let's talk for a moment about the ways BCDC has helped to

improve the quality of life for people with disabilities, and their families. Let's talk about the 4 pre-school age children who entered our Child Development Center with significant developmental delays--and that 3 of those 4 children have now been mainstreamed into the public school system and have no need for special education services. Or that 2 of our childcare parents were able to attend and graduate nursing school, knowing that their children were well cared for at our Center. Or that 70% of the parents with children who had delays were able to work full time jobs, thereby contributing to their family's financial security. Or that 3 high school age parents were able to attend school full time--one graduating this year due to the availability of our childcare services.

We impact and add value to so many people's lives every single day...as you look through this report you will see that our adult service programs had similar impacts for families. Parents of those with disabilities share at least one thing in common---their prime concern is for the safety of their son or daughter, and if that individual is in our care they too are able to work or pursue their educational goals. Yes, we directly serve 148 children and adults each day, but our staff are acutely aware that behind each one of those clients there is a family unit that receives equal benefits. We are proud to talk about services and supports to people and their families, and to know that BCDC's presence in Beaufort County has a major impact in the quality of all of those lives.

Thank you for reading our 2014-2015 annual report—as you leaf through these pages please remember that there are people—and success stories—behind all these statistics!

Most sincerely yours,

Chris Kiricoples
Chief Executive Officer
ckiricoples@bcdcsolutions.org



BCDC ... CREATING SOLUTIONS



Our adult day services programs include a broad variety of vocational and community-based activities, designed around the needs and preferences (choice!) of the individual to be served. For individuals hoping to obtain competitive employment in community-based jobs, BCDC contracts with the NC Division of Vocational Rehabilitation Services and provides both work adjustment training and supported employment, using a job coach who accompanies the client to the place of employment and helps them learn their job duties and responsibilities.

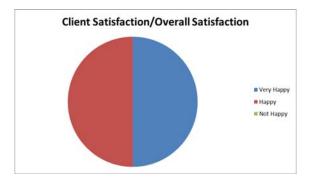
For those individuals who may need a more supervised setting, our Adult Developmental Vocational Program, funded by the NC Division of MH, DD, SA Services, provides work training that teaches the work skills, habits, and attitudes expected in the work place, while simultaneously creating opportunities for paid work according

to the individual's level of productivity. During fiscal year 2015, BCDC paid clients over \$79,595 in wages---this amount represents 52% of our production earnings.

For those who would prefer to participate in community-based recreation and/or service activities, we operate an Adult Day Activity Program (also funded through the NC Division of MH/DD/SAS Services) five days per week. We call this our Community Inclusion Program, and it is ideal for seniors and other individuals for whom work may no longer be a strong desire or a realistic choice. Many of the individuals who participate in this program have asked us to help them find ways to 'give back' to their community, and BCDC has created partnerships with other human service oriented projects such as Meals on Wheels or the Eagle's Wings food pantry. On other occasions, the focus is on leisure and recreation, and can include going to lunch, a movie, bowling, or a variety of other activities in the community. Clients go out in small groups of 3 or 4 individuals, with a staff member to assist them in the activity of their choice.

Finally, BCDC also provides a Medicaid-funded service for those who meet stringent eligibility criteria...this service is supported by the state's Innovations Waiver for persons who are severely intellectually or physically disabled, or at risk of hospitalization. Here again, client to staff ratios are very low to insure that each person receives a highly individualized level of service and supports. For all Adult Day Program Services, BCDC served a total of 72 individuals during the fiscal year 2015. BCDC routinely conducts Client Satisfaction Surveys with our clients and their families...the results are shown below. Notice that everyone said they were either happy or *very* happy...all in all, a very nice place to spend the day!

BCDC Adult Day Services Satisfaction Survey Results 2014-2015



Our survey included a series of 9 questions...the chart reflects the responses to the Overall Satisfaction question. Other questions related to the level of satisfaction with staff support, satisfaction with goals, and with the work experience. Raw data is available for each question. Additionally, the majority of comments we received from the surveys included remarks that clients enjoy coming to BCDC because they liked working, liked being with friends at the day program, and they enjoyed working on specific contracts.

BCDC ... CHILD DEVELOPMENTAL CENTER

BCDC's Child Development Center is both a traditional child care facility for 'typically' developing children,

as well as an inclusive service environment for children with special needs. We have served all of these children together, in the same classrooms, for over 20 years, and over the past 10 years have maintained at least a half and half ratio of children with and without developmental challenges. We have found that when children with special needs are served alongside their typically developing peers, their language, social, and motor skills can develop much more quickly...early intervention works! From anecdotal data supplied to us by the parents of the 'regular' kids (years after they have left the CDC and entered the public schools), we also know that these young children become more accepting, tolerant, and inclusive of those who may be 'different'...even to the point of intervening on behalf of their friends if they are bullied when they go to the public school system.



Because we serve all children, families of our CDC reap some other benefits in that we also provide after school care to the non-handicapped siblings of the special needs students we serve. During the past year, 13 families benefitted from this arrangement, saving parents multiple stops at different child care centers, and duplicate staff relationships. In addition to the pre-school and child care services we provide, under contract with the Beaufort County Public Schools System the Child Development Center also serves as the public school equivalent for special needs children 3 to 5 years of age.



Our CDC was re-licensed this year---5 stars and the only perfect score in the county!

BCDC'S Transit Service Contribution to the County... the Beaufort Area Transit System

For nearly 2 $\frac{1}{2}$ decades, BCDC has served as Beaufort County's lead transportation agency, and through a contractual agreement with the Board of Directors of the Beaufort Area Transit System, meets the transportation needs of 15 different health and human service agencies. We transport these agency's clients, and members of the general public, to life sustaining medical treatments such as kidney dialysis, chemotherapy, radiation therapy, doctor's appointments, pharmacy visits, nutrition and grocery shopping, education, vocational training and employment, and social integration and inclusion opportunities.

Most of what is described above is provided through local, state, and federal grants allocated through a NC Department of Transportation effort known as the Elderly and Disabled Transportation Assistance Program. Other grants, such as the Rural Operating Assistance Program and the Rural General Public grants, and private passenger fees make it possible to provide transit services to any Beaufort County citizen on a one day in-advance reservation system.

During fiscal year 2015, BATS provided a total of 41,253 passenger trips, and traveled a total of 337,996 passenger miles, at an average cost per trip of \$12.97. Our trained drivers provided an average of 4,812 passenger trips per full time equivalent position. Overall, inclusive of all equipment, fuel, insurance and salary expenses, our vehicle cost per hour was \$34.45. Imagine the challenge of providing transit service in a county split down the middle by a 4-mile-wide river!

8 Reconciliation of FY15 ROAP funds for County or Eligible Authority								
	EDTAP Funds Dis- bursed to County	\$62,044.00		EDTAP Funds Unexpended		\$0.00		
	EMPL Funds Disbursed to County	\$22,260.00		EMPL Funds Unexpended		\$0.00		
	RGP Funds Disbursed to County	\$62,067.00		RGP Funds Unexpended		\$0.00		
	Total Disbursed to County	\$146,371.00		Amount Owed to NCDOT		\$0.00		
9 Elderly and Disabled Transportation Assistance Program								
TOTAL Available EDTAP Funds			\$84,304.00		Unexpended EDTAP Funds		\$0.00	
Number of EDTAP Trips provided			7,991		Cost of EDTAP funded trip		\$10.55	
% of EDTAP Trips provided by the transit system			65.8%		% EDTAP funds expended		100.0%	
% of EDTAP disbursement suballocated to the transit system			40.0%					
% of EDTAP disbursement suballocated to match other grants			0.0%					
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TOTAL Available RGP Funds			\$68,963.33		Unexpended RGP Funds		\$0.00	
Number of RGP Trips provided			10,976		Cost of RGP funded trip		\$6.28	
% of RGP Trips provided by the transit system			100.0%		% RGP funds exp	pended	100.	0%
% of RGP disbursement suballocated to the transit system			100.0%					
% of RGP disbursement suballocated to match other grants			0.	0%				

BCDC ... CREATING SOLUTIONS

In partnership with The Arc of North Carolina and Trillium Health Services, BCDC operates residential service programs that meet a variety of client and family needs and preferences. This includes the operation of a 5-bed DDA group home for adult men, a 5-bed co-ed DDA group home, and a 9-unit Supervised Apartment Living program. These residences are home to individuals who have been discharged from the NC state hospital system, to adults who are ready to leave the family home, or to individuals who have attempted life on their own but need a little support.

The Group Homes are designed to serve individuals who essentially need 24-hour support, through the presence of a live-in residential counselor who assists and supervises the client in their daily living needs and skills, personal care, and medication administration. Each resident has his/her own room, which they are free to furnish to their personal preference.

The Apartment Living Program is designed for individuals who want (and are able) to enjoy more freedom. Residents have their own apartment, just as anywhere else in the community, but a residential counselor is on the premises most evenings to assist the client with financial management, menu and nutrition planning, and to monitor the individual's ability to perform their own housekeeping duties, assisting as needed with instruction.

Both of these programs offer options not just to the resident, but also to their families as they plan for the future needs of their sons or daughter, brothers or sisters. They receive tremendous assurance knowing that their family member is in a structured and well-managed environment, and that their needs will be met long term.

Residence in both the Group Homes and the Apartments requires active participation, and each resident has an annual service plan that identifies critical goals and objectives to help them add new skills or develop increased independence. During the 2015 fiscal year period:

- The clients of BCDC's Residential Program collectively achieved or showed progress with 76% of their goals. Residents of the Group Homes achieved or made progress with 84% of PCP goals. Apartment residents (Supervised Living Program) obtained their goals or showed improvement with 64% of their annual goals.
- Residential clients achieved person-centered goals related to: anger management, health and safety (maintaining exercise regimen/weight loss, community safety skills), personal care/hygiene skills (hand washing, oral hygiene, shaving), social skills (respecting privacy of roommates, increasing self-confidence, positive communication, honesty), independent living skills (folding laundry, bathroom cleanliness, vacuuming, completing laundry and putting clothes away, keeping bedroom clean household chores, coordinating medical appointments, grocery shopping), as well as increased participation in community activities and accessing community programs.

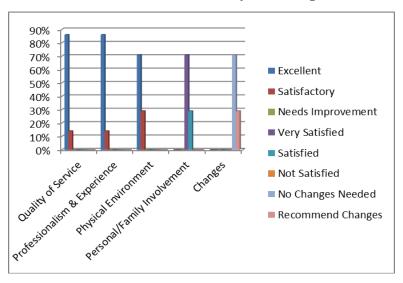


BCDC ... CREATING SOLUTIONS FOR SELF-RELIANCE!!!

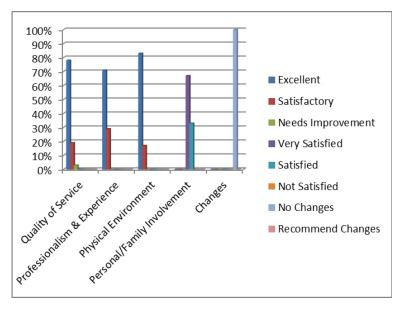
Visit our website at www.bcdcsolutions.org or arrange a tour by calling (252) 946-0151!

As with BCDC's other programs, Residential Services conducts annual satisfaction surveys of both our residents <u>and</u> their families. The categories addressed in the surveys include: Quality of Services, Professionalism/Experience of Staff, Physical Environment/Facilities, Personal and Family Involvement, and Changes that would enhance the quality of the Residential Program services. These graphs represent the results:

Resident Satisfaction Survey – Group Homes

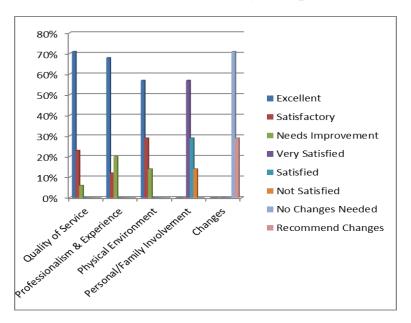


Family / Guardian Satisfaction Survey—Group Homes

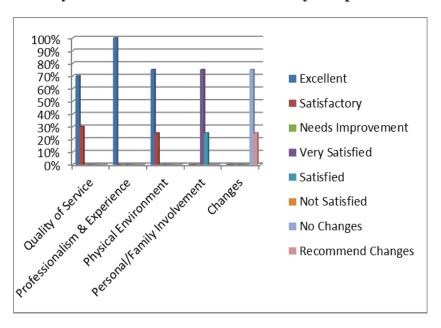


BCDC ... CREATING SOLUTIONS FOR SELF-RELIANCE!!!

Resident Satisfaction Surveys---Apartments



Family/Guardian Satisfaction Survey---Apartments



Our Residential Services offer licensed and accredited Community Housing in the City of Washington!

During this fiscal year, BCDC's programs and services were re-accredited by the international Commission on Accreditation of Rehabilitation Facilities!



Creating Solutions for Self-Reliance and Independence!

BCDC ... CREATING SOLUTIONS



At Beaufort County Developmental Center we believe:

- ★That a person with a disability is a unique individual, who has his or her own set of individualized needs. This belief is at the heart of BCDC's mission statement.
- ★That people with disabilities have a right to take an active role in making decisions about their lives.
- ★That people with disabilities have a right to choice, but also a responsibility for the decisions they make. BCDC has an obligation to teach people about the natural consequences, both good and bad, that they may experience as a result of their actions.
- ★That people with disabilities have a right to live and work in their home community. BCDC is dedicated to providing them with the support they need to make this possible.
- **★**That BCDC must remain a financially viable organization if it is to continue to do good.
- ★That all children should have the opportunity to enter school on an even footing with their peers. We know that early intervention can improve or eliminate many developmental delays.



BCDC's mission is to empower citizens with developmental challenges through service alternatives which promote:

self-reliance

...having confidence and trust in your own feelings and abilities

self-direction

...the ability to guide yourself through life

self-sufficiency

...having enough of everything you need to be successful and happy

self-actualization

...the ability to create opportunities which cause positive changes in your life

Beaufort County Developmental Center

Serving Beaufort County citizens since 1974.....



Beaufort County Developmental Center

1534 W. 5th Street Washington, NC 27889 (252) 946-0151 www.bcdcsolution.org

BCDC ... CREATING SOLUTIONS FOR SELF-RELIANCE!!!

Board of Directors 2015

Charles Edwards, Jr. Chair Allen Pittman, Vice Chair Dennis Seiler, Secretary/ Treasurer

> Marvin Alligood Judy Jennette Lisa Roberts Peggy Simpson Lisa Woolard

Chris Kiricoples
Chief Executive Officer

Beaufort County Developmental Center's two-fold objective is to provide meaningful and cost-effective services to children and adults with developmental disabilities, while insuring continued organizational strength and viability so this work can continue.

Established in 1974, the Beaufort County Developmental Center has touched the lives of hundreds of individuals and their families. As we serve a new generation with services that are based upon best practice service strategies the Staff, Management, and Board of Directors see the challenge which lies ahead.

As Beaufort County's largest private non-profit organization, we recognize the potential impact we are yet to have on our citizens with disabilities, and commit ourselves to their future.